



28TH ANNUAL

JIM LAW

INVITATIONAL

Youth Meet will run on a rolling schedule

*Endorsement: **USATF***

ALL AAU, USATF, and UNATTACHED ATHLETES are ELIGIBLE

*At UNCC's Track Facility:
8723 Cameron Blvd,
Charlotte, NC, 28262*

*Meet Director: **Nigel Orr***

*Contact info: **orrnigel@gmail.com**
(347) 969-8572*

Friday, June 19th --- 1:00 pm to 7:00 pm (OPEN/MASTER ONLY)

Saturday, June 20th --- 9:00 am to 8:00 pm

Sunday, June 21st --- 9:00 am to 7:00 pm

*Hosted By: **Charlotte Flights Track and Field Club***

ELIGIBILITY:

Open to any athlete who has met the qualifying standard and falls within the age division listed below. Each athlete may compete in a maximum of 4 events if at least 1 event is a field event or relay.

Age divisions are determined by year of birth:

8 and Under Division	8 and Under	2018 and after
9-10 Division	9-10	2016-2017
11-12 Division	11-12	2014-2015
13-14 Division	13-14	2012-2013
15-16 Division	15-16	2010-2011
17-18 Division	17-18	2008-2009
Open	19-29	
Masters	30-105	

AGE DIVISION:

Athletes who will not turn 19 before August 1, 2025 are eligible to compete in 17-18 age division. A legible copy of birth certificate **MUST BE** available at the meet.

If a protest occurs and a team is unable to provide proof of birth, the athlete will be disqualified from all events entered/participated in.

An athlete must compete in his/her age division throughout the meet. See notes under "QUALIFYING STANDARDS" for variations.

AWARDS:

The top six finishers in each event will receive awards. Team awards will be presented to the top two point winners in the overall team, overall male/female team, and the top point winners in the overall male/female for each age group. Outstanding Athlete Award for each age division. The **JIM LAW AWARD** to the 17-18 male/female in the 100 meters and to the first place 17-18 male/female 4x400 meter relay teams. The **MEGHAN M. SMITH AWARD** to the youngest **participant to compete** in an event. The **J.O.E.S. AWARD** will be given to the most impressive 4x400 or 4x800 relay performance.

EQUIPMENT:

Athletes must use the starting blocks and batons provided by the meet. Throwers must provide their own implements and have them checked and certified at least one (1) hour before competition.

ENTRY INFO:

Entry fee is \$10.00 for **each individual event** an athlete enters and \$28.00 **per relay team** (see event schedule for events offered) Entry fee for **OPEN/MASTERS** is \$10.00 for **each individual event** . (see event schedule for events offered) **NO** entry fee will be transferred or refunded. On-line entries (all teams and MASTERS) will be accepted using **ATHLETIC.NET** (follow instructions carefully) Please visit **www.athletic.net** to register your team. Entries and changes can be made thru **ATHLETIC.NET**, up to the entry deadline of **Wednesday, June 17th, 2026** . ~~Make checks (certified or cashier checks only) payable to the CFTC, P.O. Box 562163, Charlotte, NC 28256.~~

(Online payments only)

100 MASTERS:

In honor of Dr. Jim Law, 100 meter world record holder. On-line entries accepted using **ATHLETIC.NET**. Please visit **www.athletic.net** to register for the 100 Masters. Medals will be given to the top six finishers (male and female). The top six will be determined by time. We will also run a Coaches/Parents 4x100 relay. Onsite deadline for entries **Sunday, June 21st, 2026 at 10:00 am.**

FACILITIES:

400 meter all weather (Martin Surface) track; 8 42" lanes, all weather runways and concrete circles. FAT timing. Concession stands open during the meet. No tape decks, radios or glass containers allowed in the stadium. Tents and/or umbrellas will not be allowed on lower levels of the stadium. Team packets will be available at the track on **Friday, June 19 from 3:00 pm - 6:00 pm.**

JIM LAW INVITATIONAL - YOUTH

SCHEDULE OF EVENTS

ALL AAU, USATF and UNATTACHED - Saturday June 20th - Sunday June 21st, 2026

RUNNING EVENTS:

Saturday, June 20th 9:00 am - 8:00 pm

1500M Run (Finals)
200M Hurdles (Finals)
400M Hurdles (Finals)
4x800M Relay (Finals)
80M Hurdles (Semis)
100M Hurdles (Semis)
110M Hurdles (Semis)
100M Dash (Semis)
400M Dash (Semis)
200M Dash (Semis)

Sunday, June 21st 9:00 am - 5:00 pm (ALL FINALS)

3000M Run
Opening Ceremonies
80M Hurdles
100M Hurdles
110M Hurdles
800M
100M Dash (Coaches/Parents)
100M Dash
400M Dash
4x100 (Coaches/Parents)
200M Dash
4x100M Relay
Outstanding Athlete Awards
4x400M Relay
Team Awards

RUNNING EVENT: (Sunday Only)

Sunday, June 21st, 2026 (Female and Male)

- 100M - Open to Coaches/Parents (In honor of Dr. Jim Law)
- 4x100 - Open to Coaches/Parents

FIELD EVENTS:

Saturday

High Jump (13-14, 15-16, 17-18)
Long Jump (Ages 11-12 up to 17-18, starting with 11-12)
Turbo Javelin (9-10, 7-8)
Discus (11-12, 13-14)
Aero Javelin (11-12)
Javelin (13-14, 15-16, 17-18)
Shot Put (all age groups; starting with 7-8 year olds)

Sunday

High Jump (11-12, 9-10)
Long Jump (Ages 7-8 to 9-10, starting with 7-8)
Triple Jump (13-14, 15-16, 17-18)
Discus (15-16, 17-18)
Pole Vault (15-16, 17-18)

NOTE: Youth Hammer Throwers can compete with Masters Hammer throwers on Friday evening

MEET WILL RUN ON A ROLLING SCHEDULE AFTER THE START OF THE 1st RUNNING EVENT

Field events will begin at 9:00am and will run according to age group shown on the above schedule

NC USATF Master's ONLY Track and Field Championship

Hosted by
Charlotte Flights - Jim Law Invitational
Friday June 19, 2025

INFORMATION:

There will be two sets of results...

- All Jim Law Invitational Competitors
- NC USATF Championship Competitors

In order to qualify for USATF awards and championship status, the participant must be a USATF member and be a 12-month resident of North Carolina. Registration fee will be \$10.00 per event.

AGE GROUPS

19-29 (OPEN)	70-74
30-34	75-79
35-39	80-84
40-44	85-89
45-49	90-94
50-54	95-100
55-59	100-104
60-64	105 & UP
65-69	

FIELD EVENT ORDER: MASTERS-OPEN

Friday, June 19

1:00 pm - 7:00 pm (ALL FINALS)

1:30 pm

- Long Jump (M then W)
- High Jump (W then M)

3:00 pm

- Shot Put (M then W)
- Discus (W then M)
- Triple Jump (M then W)
- Pole Vault (W then M)

5:00 pm

- Javelin (M then W)
- Hammer (M then W)

RUNNING EVENTS ORDER: MASTERS-OPEN

Friday, June 19

1:00 pm - 7:00 pm (ALL FINALS)

1:30 pm - 100M Semis

(If less than 8, event runs as time finals at this time)

(If 8 or more in your age group, event will run semi and finals)

2:00 pm - Racewalk

2:10 pm - 80M Hurdles

2:20 pm - 100M Hurdles

2:30 pm - 110M Hurdles

2:40 pm - 100M Finals (if needed, see above)

3:10 pm - 800M

3:40 pm - 4x100M

4:10 pm - 400M

4:40 pm - 1500M

5:10 pm - 400M Hurdles

5:40 pm - 200M

6:10 pm - 3000M

6:40 pm - 4x400